

» Suggested Rules Basketball



- » Each team is allowed to only have five players on the court at one time.
- » Game play will be 6 minutes per quarter (or as determined by organisers).

The objective is to score 'baskets' into the opposing teams basket.

- » Two points are awarded for a 'basket'. Three points for a long-range 'basket' (There is an arch on both sides of the basketball court. If you shoot the ball and make it from inside the arch you get two points. If you make a basket from outside the arch you get three points)

The ball is passed over to the other team if any of the following occurs;

- » If the person who has the ball steps or dribbles the ball out of bounds.
- » If the ball is thrown over the basket it is treated like a ball out of bounds. The team that threw the ball loses possession of it.
- » If a player dribbles the ball, stops, and then begins to dribble again, this is called 'Double Dribble'.
- » If an offensive player runs into a stationary opponent, this is called 'Charging'.
- » If a player runs or walks with the ball without bouncing it, this is called travelling.
- » A foul is any time you make contact with another player. A foul can be called if a player pushes, kicks, 'reaches-in', or uses bad language, or un-sportsmanlike conduct. The other team gets 2 free shots (if shooting for a basket) or possession of the ball (if in play).

The above rules are purely as a guideline. Amend, omit and add to as appropriate.