



Sean Kelly Tour Training Spins 2012

The Sean Kelly Tour (SKT) Training Spins includes seven spins of increasing distance across Waterford City and County. The aim of this programme is to assist people to train for the 50km Kelly Cruise or the 100km Heritage Route of the Sean Kelly Tour which takes place on Sunday August 26th. The training spins will be led by local cycling clubs.

This programme is open to all cyclists aged over 16. Participants who do not have Cycling Ireland Insurance will receive this as part of the programme.

The cost of this programme is €2 per spin which is payable on the morning of each spin. The Dawn Cycle on Sunday 24th June as part of Bike Week 2012 is a FREE Spin.

Non Cycling Ireland members must bring with them relevant paperwork to their first spin to receive free Cycling Ireland insurance.

Application Form

**IT IS COMPULSORY TO PRE-REGISTER FOR EACH SPIN
ALL PARTICIPANTS MUST WEAR A HELMET**

Name: _____

Contact Address: _____

Contact No: _____ (home) _____ (mobile)

Email: _____

Please tick here if you wish to receive WSP newsletter and promotional information

1: Please tick your age profile

16-17 18-24 25-34 35-44 45-54 55-64 65+

2: Are you a cycling club member?

No Sportif Dungarvan Youghal
Carrick Wheelers Carrick Touring Club Comeragh CC Other club

3: Which of the Sean Kelly Tour Training Spins are you interested in attending?

Please tick which spins you wish to take part in below:

Date	Location	Distance	Time	Cycling Club	PLEASE TICK
Sunday 10 th June	St Augustine's College, Dungarvan	30km	9.30am	Dungarvan CC	
Sunday 17 th June	Woodies DIY, Cork Road, Waterford	30km	9.30am	Sportif Waterford CC	
Sunday 24 th June	Causeway Tennis Club, Abbeyside	30km & 45km	7.30am	Bike Week	
Sunday 1 st July	Cappoquin Community Centre	45km	9.30am	Youghal CC	
Sunday 22 nd July	T Bay Surf School, Promenade, Tramore	45km	9.30am	Comeragh CC	
Sunday 29 th July	Stradbally GAA Club	60km	9.30am	Carrick Wheelers CC	
Sunday 12 th Aug	Rathgormack Hiking Centre	60km	9.30am	Carrick Touring Club	

4: Are you a member of Cycling Ireland?

Yes

No (WSP will send you necessary paperwork to be completed prior to your first spin)

5: If you answered no to Q4, how shall we send you relevant documentation?

Email

Post

6: Have you participated in the Sean Kelly Tour of Waterford before?

Yes If yes which event _____

No

7: Which event are you planning to take part in this year?

50km Kelly Cruise 100km Kelly Heritage Route 160km Kelly Comeragh Challenge

Please be advised that photographs/videos may be taken by Waterford Sports Partnership which may be used for future promotional purposes. If you do not wish to be in any photographs please advise a member of staff prior to the event.

Please return completed form to;

Peter Jones, Sports Development Officer, Civic Offices, Dungarvan, Co. Waterford.
Phone: 058-21191/087-78558940 or email: pjones@waterfordsportspartnership.ie

www.waterfordsportspartnership.ie



Waterford Sports Partnership - Supporting Activity and Sport for All