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Minister launches WSP online Facilities Directory

Minister for Arts, Sport and Tourism, Mr. John O'Donoghue launched Waterford Sports Partnership's new Sports Facilities Directory on Thursday 29th June 2006. The facilities directory offers clubs, communities, leisure facilities and schools the opportunity to publicise their facility and also offers the people of Waterford a useful means of accessing contacts for all sporting/leisure facilities in the City & County.



Pictured at the launch of the Directory were (from l to r): Senator Brendan Kenneally; Rosarie Kealy, Coordinator, Waterford Sports Partnership; Minister John O'Donoghue; Collr. Tom Murphy; Collr. Cha O'Neill, Mayor of Waterford; David Lenane, Waterford Sports Partnership; Collr. Mary Roche, Vice-Chairperson, Waterford Sports Partnership Board.

The directory gives a comprehensive insight into all sporting/leisure facilities in terms of what's available for the public and can be searched in three different ways - by location, by sport/activity or by facility type.

The facilities directory is now available to view on www.waterfordsportspartnership.ie by clicking on Facilities Directory in the menu bar.

Why not log on and check if your local sports facility has been included.

Waterford Sports Partnership would like to thank all those who contributed to the compilation of this directory for their cooperation and assistance especially the sports clubs, community groups, leisure centre and schools throughout the City and County.



This directory is the first of its kind in Waterford and Waterford Sports Partnership welcomes your comments.

Please contact David at 058 21194 or dlenane@waterfordsportspartnership.ie in relation to any amendments or omissions so that the directory can be updated appropriately.

Waterford children enjoy first touch of the RSC redeveloped athletics track

Children from the primary schools of Waterford City and County had the honour of being the first to grace the redeveloped athletics track in the Regional Sports Centre on a wet and windy June 29th evening.

In an event, organised by Waterford Sports Partnership, to coincide with the opening of the track by Minister for Arts, Sport & Tourism, Mr. John O'Donoghue, thirteen schools took part in 80m, 400m, and relays races. For many it was the first experience of running on such a surface and for others a welcome return to their training ground. All participants received a medal and each school a commemorative plaque.

Waterford Sports Partnership would like to thank all the volunteers who made the evening possible, especially in the challenging weather. And a special thank you to all the participants who took part with such cheerful enthusiasm. Schools which took part were St. John of God P.S., Waterford, Kilmacthomas P.S., St. Declan's P.S, Waterford, St. Ursula's N.S., Waterford, Portlaw N.S., Scoil Mhuire, Abbesside, Dunhill N.S., Killea Boys N.S., Our Lady of Mercy N.S., Stradbally, Fenor N.S., Rathgormack N.S, Scoil Mhuire N.S., Tallow and Light of Christ Girls N.S. Dunmore.



NEW INITIATIVE

New Gymnastics Club Starting in Dungarvan

Waterford Sports Partnership has secured funding from Irish Gymnastics to assist in the setting up of a new gymnastics club in Waterford. Dungarvan was identified as an area in Waterford, which currently does not offer gymnastic opportunities to young people. The new club will initially train in General Gymnastics focusing on recreation and participation.

It is planned to have the new club up and running by mid Autumn. To date a number of meetings



have taken place with interested individuals who are willing to drive this initiative and make it happen.

If you are interested in getting involved with this initiative please contact the office on 058 21190

Lickey Valley Walk /Siúlóid na Lice

D'eagraigh Comhlacht Forbartha na nDéise i gcomhpháirtíocht le hÚdarás na Gaeltachta agus Waterford Sports Partnership siúlóid le déanaí i nGleann na Lice. 25 duine a chuaigh ar siúlóid 3 den na slite difriúla atá leagtha amach i ngleann na Lice. Bhain gach aoinne an taithneamh as an aclaíocht, an dúlra álainn agus as an nGaoluinn. Bhí faid 3.5 km sa tsiúlóid agus bhí slí Dhéagláin ar chuid den turas a thrasnaigh abhainn na Lice féin. Ag deireadh na hoíche bhí tae, caife agus ceapairí le fáil sa Marine Bar.

Recently Comhlacht Forbartha na nDéise in partnership with Údarás na Gaeltachta and Waterford Sports Partnership organized a walk in the Lickey Valley. 25 people went on walk



Number 3* of the Lickey Valley walks. Everyone enjoyed an evening of exercise, beautiful scenery and Irish. The walk itself is 3.5 Km long and takes in part of St Declan's Walk where it crosses the Lickey River. At the end of the evening tea, coffee and sandwiches were on offer at the Marine Bar.

*Maps of all the Lickey Valley Walks are available from the Dungarvan Tourist Office & WSP Office Dungarvan

WSP Funding Opportunities

Waterford Sports Partnership has two Funds that are open for applications. The Coaching Fund and the Development Fund. Applications are welcome, see below for further information.....

Coaching Fund

The Coaching Fund focuses on developing quality coaching resources in Waterford and on encouraging all coaches/volunteers to undertake appropriate education and training.

The Development Fund

This fund aims to encourage the set up of new clubs and assist existing clubs. Priority will be given to minority sports, low participation groups and the target groups identified in the Waterford Sports Partnership strategy.

Further Information, Criteria and Application Forms for the Coaching Fund & for Development Fund are available on our website www.waterfordsportspartnership.ie or by contacting the office.

SPORTS CAPITAL GRANTS

Congratulations to the 22 projects in Waterford that were allocated a total of €1,642,000 under the 2006 programme. We acknowledge the time and effort taken by club and committee members around the county to ensure application success.

We would encourage clubs who may have been unsuccessful this year or are considering applying next year to contact us if they require any assistance. Please don't leave it until it is too late - now is a good time to start planning for the next round of applications to ensure a quality submission.

BOOKING FOR SEPTEMBER!!

Sports Capital Grants DRAWDOWN SEMINAR

This Seminar will detail the process of drawing down Sports Capital Funding for clubs who have been allocated funds under the 2005/2006 schemes

Wednesday 13th September
Rainbow Hall, Kilmacthomas
7.30 to 9pm

COMING IN NOVEMBER!!

Sports Capital Grants INFORMATION SEMINAR

This information seminar is aimed at organisations planning to apply under the 2007 Sports Capital Grants Scheme. The seminar aims to give information and advice to organisations planning a capital development and/or planning to apply for funding. The seminar will include information on application procedures & guidelines, planning, marking scheme etc.

Tuesday 7th November
Rainbow Hall, Kilmacthomas
7.30 to 9pm

WATERFORD SPORTS CAPITAL GRANTS RESULTS 2006

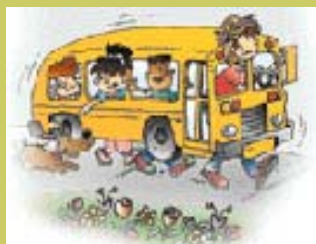
Waterford City Rugby Football Club	€200,000
Waterford City Council - St. Paul's CPI	€150,000
Brickey Rangers GAA Club	€140,000
Cappoquin Community Development Company Ltd.	€140,000
CLG Cnoc Sion (Mount Sion GAA Club)	€130,000
Roanmore Hurling & Football GAA Club	€100,000
Dungarvan GAA Club	€90,000
Park Rangers AFC	€85,000
St. Saviours GAA Club	€80,000
Erin's Own GAA Club	€66,000
Ballyduff Community Council	€60,000
Kilmacthomas GAA Club	€60,000
Tramore GAA Club	€58,000
Ferrybank GAA Club	€50,000
Dungarvan United AFC	€45,000
Dunhill Community Hall	€45,000
Brideview United AFC Ltd.	€40,000
Waterford Local Economic Development Co.	€40,000
Abbeyside United AFC	€25,000
Dungarvan Harbour Sailing Club	€20,000
Waterford Harbour Sub Aqua Club	€12,000
Cappoquin Snooker Club/CYMS Hall Committee	€6,000

*For further information or to book a place on the Sports Capital Grants Seminars
Please contact the WSP Office*

Minster for Transport Mr. Martin Cullen launches Waterford Sports Partnership Walking Bus Pack

What is a Walking Bus?

A walking school bus is a healthy, environmentally conscious, safe and fun way to travel to and from school. It is a scheme that involves parent volunteers walking children to school along a set route.



Walking Bus Start-up Pack

Now available on our website A Walking Bus Start-up Pack which will help schools who want to operate a walking bus get started.



Pictured at the launch of the Walking Bus Pack at the Clonea Strand Hotel were (Front Row from l to r): Students from Abbesside NS; Stephen O'Grady, Eoghan Burke, Paul Wade, Rachel O'Grady, Jenny Wade and Isabelle Wade. (Back Row from l to r): Shane Burke, Cordelia Burke, Parents Association Abbesside NS.; Rosarie Kealy, Co-Ordinator Waterford Sports Partnership; Oliver Coffey, Waterford Sports Partnership Board Member; Minster for Transport Mr Martin Cullen; Valerie Colville, Sports Development Officer Waterford Sports Partnership; Kay Wade Parents Association Abbesside NS.; and Thomas O'Grady, Parents Association Abbesside NS.

NEW INITIATIVE

ACTIVE COMMUNITIES

Two Communities To Focus on Getting Active!

WSP sought expressions of interest from Communities in Waterford to pilot this new initiative with the key aim to increase physical activity in a targeted community. The concept of the 'Active Communities' is to enable local communities to develop and implement locally relevant plans to increase participation in physical activity.

Two communities, **Dunhill, Fenor, Boatstrand, Annestown Community (DFBA) and Knockanore, Glendine, Kilwatermoy Community (KGK)** were selected as the successful communities to pilot this initiative in Waterford. Both communities to date have formed their local Active Community teams with representation from key people in their communities. WSP staff are currently working with the local teams in identifying the needs, barriers and current participation rates and developing an action plan for both communities. The key focus of the Action plans will be on increasing physical activity levels in their community and each plan will endeavour to meet the needs of their own community.

In addition expressions of interest will be sought from sports clubs in each community to participate in the WSP Club Development Programme. The aim is to assist the selected clubs with the formulation and implementation of a development plan. The concept of the Club Development programme is to encourage clubs to look at their overall structures and methods of coaching, administration, supports, volunteers, fundraising etc.

Older Adults Festival Faithlegg 2006 A great Success!!

Following the success of the inaugural Sports Festival last year, Waterford Sports Partnership held their second Sports Festival for older adults in the Faithlegg House Hotel, Faithlegg on Monday, 15th May.

A special celebration took place for Physical Activity Leader Meave Clancy from Dungarvan who not only received her certificate for completion of all 8 leadership workshops but who also celebrated her 80th birthday during May. She is an inspiration to everyone with her positive attitude towards physical activity and her dedication to the weekly Thursday morning activities in Dungarvan Sports Centre.



Frank Fahey and Margaret O'Keefe from Go for Life facilitated the day with over 50 participants enjoying activities such as Botcha, Target Golf, Marbles, Walking, Sit Fit activities, Parachute games and Line Dancing. The day was a huge success with many of the

participants already looking forward to next year's event. Following the activities participants enjoyed a beautiful meal during which a raffle for t-shirts and bags took place. A special spot prize sponsored by Faithlegg House Hotel was awarded to Finbarr O'Mahoney (Waterford Probus) for his expert demonstrations during the target golf sessions.



Representatives from the following 18 groups participated in the festival: Ardmore/Grange ICA; Assisi House; Ballymacarbry ICA; Clonea Power ICA; Comeragh ARA; Deise ARA; Dolmen ARA; Dungarvan CDP; Dungarvan Probus; Waterford IFA; Knockboy ICA; Le Cheile Probus; Probus Waterford; St. Josephs Hospital; Coiste na Seanóirí; Tramore ARA; Tramore ICA and Waterford ARA.

On the day, Frank Fahey presented certificates to 3 PALs (Physical Activity Leaders) - Meave Clancy & Ann Harty, Dungarvan CDP and Mary M. Dee, Dungarvan Probus on their successful completion of all 8 Go for Life workshops. Meave, Ann & Mary are the first physical activity leaders in Waterford to complete the full series of workshops and are now really well placed to share their skills and experience in leading physical activity for older adults in Waterford.

QUOTES FROM THE DAY

"Lovely enjoyable day with a bit of everything in pleasant surroundings and it would encourage anyone to participate in physical activity", **Vera Hassett (Clonea Power ICA)**

"I enjoyed the day thoroughly and I would have loved to have had more time at the activities"
Catherine Connolly (Coiste na Seanóirí, An Rinn)

"I started the day very dubious but by the end of the day I was delighted to have attended and would love the opportunity to attend again" **Tom Doherty (Waterford Probus)**

"The day exceeded all expectations and there was a great buzz all day" **(Noeline Power, Tramore ICA)**

Go For Life Update

PAL's Workshops

5 more workshops will be held in Waterford as part of Waterford Sports Partnership and Go for Life's commitment to supporting Physical Activity Leaders.

The 5 workshops are Basic Principles, Going Strong, Stepping & Strolling, Pitching & Tossing and PALs Skills and will take place in Rainbow Hall, Kilmacthomas during September and October.

To date, Waterford Sports Partnership has held 15 Go for Life workshops with nearly 100 participants receiving training.

The **National Grant Scheme** for Sport and Physical Activity for older adults will be advertised in mid September and the staff of Waterford Sports Partnership will be available to assist clubs and organisations with applications.

Activity Mornings in Dungarvan

Commencing on October 5th, every Thursday morning from 11.30 to 12.45. Activity Mornings will take place in the Dungarvan Sports Centre for older adult groups in the Dungarvan area. These mornings aim to support the PALs and offer the chance for groups to meet each other and to share experiences. Activities will include short mat bowling, six and nine pins, kurling, bocca and potcha, frisbie and many more.

International Family Fun day

the pictures say it all!

Waterford Sports Partnership in conjunction with County Waterford Community forum held an International Family Fun Day on Sunday, 18th June at Dungarvan United Soccer Club, Kilrush Park, Dungarvan.

The purpose of the event was to welcome non-nationals to our County through a day of fun and activity. The event featured the second Failte Football tournament where 8 teams participated in a men's and women's competition. Teams included representatives from the following companies – Munster Timber Structures, Microchem, Microbrush, and The Park Hotel.

Other activities that took place on the day included Volleyball, GAA, Rugby, Boxing, Novelty Races, Soccer Penalty and Target Shoot Out, Irish Dancing and other fun games and activities. Everyone present on the day was thrilled to see Mark Hickey from the IRFU arrive with the Heineken Cup.

This family fun day would not have been possible without the assistance and support from all our local clubs and organisations. We would like to express our thanks to everyone who helped out with this event.



Swimming For People with Disabilities

Assistant Teachers Certificate

Waterford Sports Partnership held a very successful course over four Saturdays in May and June in Splashworld, Tramore.

The course was aimed at those working with or involved with people with a disability and aimed to increase opportunities for people with disability to participate in water based exercise by training assistant teachers.

The course helped participants to understand the basic health and recreational benefits of swimming and learn the basic principles of floatation, resistance and propulsion. A wide variety of teaching methods were explored throughout the course.

The thirteen individuals who completed the course and assessment were Mary Smith, St. Martins Special School; Margaret Power, St. Martins Special School; Mary Griffiths, Sacred Heart/St. Martins Special School; David Chapman, Sacred Heart Centre; Jill McElroy Tramore/Dunhill/Fenor Special Olympics; Jackie Brennan, Splashworld; Laura Piper, Splashworld; Danielle Power, Splashworld; Ray Carroll, St. Martins Special School; Vera O'Brien, St. Martins Special School; Bridie Prenter, St. Martins Special School/Arch Club; Marian Murphy, St. Martins Special School; Melissa Bowe, St. Martins Special School.

The participants expressed their delight and appreciation at the content of the course and its very practical approach and look forward to using their new skills in the coming months.

If you are interested in this course please contact the office.

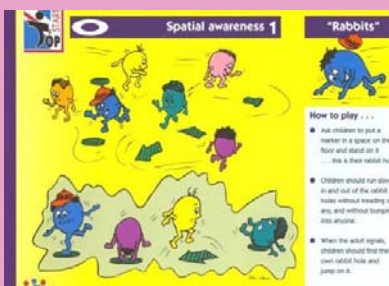


Pictured above are participants from the course with Tutor John Fox

Buntús Start

Waterford Sports Partnership roll out exciting new physical activity programme for pre-school sector

Waterford Sports Partnership have just completed the roll out of the pilot phase of an exciting new physical activity programme for younger, pre-school children, called Buntús Start. This programme will complement the Buntús programme which Waterford Sports Partnership has already implemented in every primary school in Waterford.



Buntús Start is a comprehensive physical activity programme for children aged 2-5 years old.

It has been designed for use in pre-school settings so that pre-school and playgroup leaders can provide a wide range of learning opportunities for young children to develop their fundamental motor skills, manipulative skills, co-ordination and balancing skills and develop a positive attitude to physical activity.

Buntús Start helps adults working with children to establish positive attitudes to activity and a healthy lifestyle through enjoyable activity with children. Numeracy and literacy skills are developed in tandem with the childrens' development through fun physical activities.

The Buntús Start Programme commenced in Waterford City and County in June 2006 in six childcare centres. It is envisaged that further centres will join the programme in 2007/2008.

Each Centre was asked to send all their staff to an initial four hour training and through an interactive session they learned to use the resources given to them at the end of the training.

A large bag of colourful, child-centered equipment (pictured below) and



comprehensive resource cards (pictured opposite) was given to each centre. There will be a two hour 'follow-up' training for all these centres in the Autumn. All childcare centres will be invited to apply to receive the programme later this year.

The participating childcare centres were; Williamstown Community Childcare Centre, First Steps Creche, Ballybeg, Tiny Tots Playgroup, Dunhill, Ladybird Daycare Centre, Tramore, Kill Montessori Community School, and Naíonra Choill MhicThomáísín.

Secondary Schools — Camogie Blitz

Waterford Sports Partnership were delighted to partner with WIT and Cumann Camogaíochta na nGael for a Camogie Blitz held in WIT in April this year. The event was a huge success and this was largely due to the committed team of volunteers in WIT who brought the organisation of this event from a proposal to a successful day of camogie enjoyed by hundreds of schoolgirls.

The event was organised to promote camogie and indeed has introduced many new players at school and club level to the game. 16 secondary schools across Waterford County, Kilkenny and South Wexford together with 23 teachers and mentors got involved in this exciting event. The participating schools were; Colaiste Cois Suire, Mooncoin, Castlecomer Community College, Loreto Kilkenny, Scoil Airgeail, Ballyhale, St Brigid's Callan, Grennan Colege, Abbey Community College, Ard Scoil Dungarvan, Blackwater College, Mercy Waterford, St Paul's Community College, St Declan's Community College, Kilmacthomas, St Mary's New Ross, Ramsgrange Secondary School and Greenhills Secondary School Carrick-on-Suir.



Calendar of Upcoming Courses and Events 2006

Date	Course/Event	Time	Venue
Wednesday 13th September	Capital Grants Drawdown Seminar (for clubs who have received Capital Grants Funding)	19.30 - 21.00	Rainbow Hall, Kilmacthomas
Monday 18th September	Child Welfare & Protection Training — GAA (FULL)	18.00 - 22.00	Dungarvan GAA Club
Fri 22nd — Sun 24th Sept	Sli na Slainte Walking Leader Training	All Day	Petersburg, Galway
Monday 25th September	Go for Life Workshop — Basic Principles	10.00 - 15.30	Rainbow Hall, Kilmacthomas
Sunday 1st October	World Heart Day	All Day	www.irishheart.ie
Monday 2nd October	Go for Life Workshop — Going Strong	10.00 - 15.30	Rainbow Hall, Kilmacthomas
Starts Thursday 5th October (every Thursday morning)	Activity Mornings for Older Adults	11.30 - 12.45	Dungarvan Sports Centre
Thursday 5th October	Child Welfare & Protection Training	18.00 - 22.00	City Hall, Waterford
Monday 9th October	Go for Life Workshop — Stepping & Strolling	10.00 - 15.30	Rainbow Hall, Kilmacthomas
Tuesday 10th October	Buntús — New Teacher Training	12.30 - 15.30	Butler Community Centre, Waterford
Sat 14th & Sun 15th Oct	Sports First Aid Course	9.30 - 16.30	Civic Offices, Tramore
Monday 16th October	Go for Life Workshop — Pitching & Tossing	10.00 - 15.30	Rainbow Hall, Kilmacthomas
Monday 16th October	Childrens's Officer Training (Part 1)	19.00 - 22.00	Civic Offices, Dungarvan
Thursday 19th October	Buntús — New Teacher Training	12.30 - 15.30	Dungarvan Sports Centre
Fri 20th - Sun 22nd Sept	Sli na Slainte Walking Leader Training	All Day	Cavan/Monaghan
Saturday 23rd September	Athletics Leader Course	9.30 - 17.30	RSC, Cork Road, Waterford
Sat 23rd & Sun 24th Sept	Athletics Level 1 Course	9.30 - 17.30	RSC, Cork Road, Waterford
Monday 23rd October	Go for Life Workshop — PAL's Skills	10.00 - 15.30	Rainbow Hall, Kilmacthomas
Monday 23rd October	Childrens's Officer Training (Part 2)	19.00 - 22.00	Civic Offices, Dungarvan
Thursday 26th October	DESSA—Inclusive Play Seminar	10.00 - 16.00	Springhill Court Hotel , Kilkenny
Monday 6th November	Drug Awareness & Information Workshop (Part I)	19.00 - 21.30	Civic Offices, Tramore
Tuesday 7th November	2007 Sports Capital Grants Seminar	19.30 - 21.00	Rainbow Hall, Kilmacthomas
Sat 11th & Sun 12th Nov	Sports First Aid Course	9.30 - 16.30	Venue TBC
Monday 13th November	Drug Awareness & Information Workshop (Part II)	19.00 - 21.30	Civic Offices, Tramore
4th—10th December	Volunteers Week	All Week	

COACHING CORNER



Football Association of Ireland

Kickstart 1 (3 evenings)
Brideview United, Tallow
Tue 22nd Wed 23rd & Thu 24th August
6.30pm -10pm each day
CONTACT: Michael Looby 087 050 8623

Kickstart 2 (Weekend Course)
Venue TBA
Fri 22nd, Sat 23rd & Sun 25th September
CONTACT: Michael Looby 087 050 8623

Kickstart 1 (2 day course)
Carrick-on-Suir
Friday Oct 6th 7pm -10pm
Sunday Oct 8th 10am -4pm
CONTACT: Darren Murray 087 637 8742



Irish Rugby Football Union

For Information on upcoming courses

CONTACT:
Mark Hickey 086 601 1729



Badminton Union of Ireland

For Information on upcoming courses

CONTACT:
Brenda Barry 087 641 2760



Athletics Ireland

Athletics Leaders Course
Saturday 23rd Sept, 9.30am - 5.30pm,
RSC, Cork Road, Waterford.

Athletics Level 1 Course
Sat 23rd & Sun 24th Sept,
9.30am - 5.30pm, RSC, Waterford

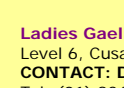
CONTACT: Jacqui Freyne 087 2026837



GAA

For Information on upcoming courses

CONTACT:
Eoin Breathnach 086 601



Ladies Gaelic Football Association
Level 6, Cusack Stand, Croke Park, Dublin 3
CONTACT: Diane
Tel: (01) 8363156 Fax: (01) 8363111
Email: diane@ladiesgaelic.ie



Basketball Ireland

Refereeing Course
September 8th, 9th & 10th
Mercy Secondary School

Table Officials Course
September 10th to 17th
Mercy Secondary School
CONTACT:
Tony Dillon 086 8402514

To Advertise your coaching courses in the next issue of our Newsletter or on our website please contact the WSP office.

CONTACT US

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Dungarvan, Co. Waterford
Tel: (058) 21192
Fax: (058) 23110

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