

OFFICE USE ONLY
Grantee Number

Age &
Opportunity



National Grant Scheme for Sport and Physical Activity for Older People 2017

All relevant sections of this application form **MUST BE COMPLETED** in full. We reserve the right not to consider incomplete applications.

*Please read attached terms and conditions carefully. If you require assistance in completing this form, contact Age & Opportunity's **Go for Life programme team**. You can also contact your local Health Service Executive Coordinator or Local Sports Partnership (see page 8).*

GRANT APPLICATION FORM	
ORGANISATION NAME	
CONTACT PERSON	
POSITION/JOB TITLE (i.e. Treasurer, Secretary, Physical Activity Leader)	
PHONE NUMBER	
ADDRESS LINE 1	
ADDRESS LINE 2	
ADDRESS LINE 3	
COUNTY	
EMAIL ADDRESS	
Please tick this box if you would like to subscribe to Age & Opportunity email updates <input type="checkbox"/>	

Go for Life is an **Age & Opportunity** programme, funded by **Sport Ireland**



1. ABOUT YOUR ORGANISATION

TYPE OF ORGANISATION

e.g. Older people's group, voluntary (non-statutory) day care centre, sports club

Number of members Number of members aged 50 or over _____

Is your organisation located in a designated disadvantaged area (RAPID 1, RAPID 2 or Clár)?

YES

NO

DON'T KNOW

BANKING DETAILS

It is essential to supply Bank/Credit Union/Post Office account details

NAME OF BANK/CREDIT UNION / POST OFFICE			
BRANCH			
ACCOUNT NAME	<i>Account must be in name of group not an individual</i>		
BIC/SWIFT <i>(available from bank/credit union)</i>			
IBAN <i>(available from bank/credit union)</i>			

PUBLIC LIABILITY INSURANCE DETAILS

It is essential to have public liability insurance covering the activities proposed

Company (Not Broker)			
Policy Number		Expiry Date	

GO FOR LIFE INVOLVEMENT

Has your group previously received a Go for Life Grant? YES NO DON'T KNOW

These grants are designed to support the work of the Go for Life programme, including the network of Physical Activity Leaders (PALs), the development of the Go for Life Games and other initiatives. An active PAL is a group member who has taken part in Go for Life workshops and is regularly leading or helping to organise physical activities with the group. Please list all of the Go for Life PALs in your organisation so that we can consider this in the assessment of your application. (Please use BLOCK CAPITALS)

Name	Name
Name	Name

If there is an active PAL in your group, he or she should be involved in the completion of this application form and he or she should sign the end of the application.

2. GRANTS

Please indicate the purpose for which you are applying for this grant

- ☐ Participation Event
- ☐ Physical Activity Programme (please outline duration & participant numbers below)
- ☐ Purchase of equipment / resource materials/Go for Life Games equipment

Short Mat Bowling equipment will only be considered for joint applications, where it will be shared by two or more groups. A separate application form must be completed by each group involved in a joint application. Audio-visual equipment or exercise machines of any kind will not be considered.

See Page 7 for further details about what will and will not be funded

Describe activity or equipment	
Number of older people who will take part	Number of hours activity will take place
Outline costs (i.e. equipment, tutor, transport, hall hire)	€
Total Grant applied for	€

Note: Fund permitting, grant allocations will be between **€250 and €700**. Joint applications or applications from Community Development Programmes (CDPs), Local Sports Partnerships (LSPs) etc. that provide wider access to community groups may be allocated funding outside of these limits.

3. SIGNATORIES

I declare that the information given in this form is true and accurate and I accept the conditions relating to grant-aid provided by the National Grant Scheme for Sport and Physical Activity for Older People.

CONTACT PERSON	GO FOR LIFE PAL (if applicable)
Signed:	Signed:
Date:	Date:

*In the case of a joint application for bowling equipment, please list below the other group(s) involved in the application. **Each group must complete a separate application form.***

GROUP NAME	
GROUP NAME	
GROUP NAME	

*Completed application forms must reach the address below by **12 noon on Friday 29 September 2017***



The National Grant Scheme for Sport and Physical Activity for Older People
Go for Life Programme
Age & Opportunity
St Patrick's Hall
Marino Institute of Education
Griffith Avenue
Dublin 9

Email your application to: gfl.grants@ageandopportunity.ie

If emailing your application form it is not necessary to send in a hard copy

N.B. Late applications will not be considered. It is the responsibility of grant applicants to ensure that grant forms are received by the Go for Life programme team on time with all details completed. Note that due to the volume of applications we cannot acknowledge receipt of postal applications.

Go for Life is an **Age & Opportunity** programme, funded by **Sport Ireland**



4. EVALUATION FORM

Note: This section applies only if you received a grant in 2016

All applicants that were successful under the National Grant Scheme in 2016 must complete this Evaluation Form and enclose it with the completed Application Form.

N.B. If you have not spent grant monies from 2016 or if you have spent grant monies on equipment or activities other than that for which the grant was approved you will not be eligible for funding in 2017.

1. How much money did your group receive in 2016? _____

2. If your group subsidised the grant with other money, by how much?
If the grant was not subsidised, please put '0'. _____

3. How did you spend the grant received in 2016? (Please give an approximate estimate of what percentage of the total grant was spent on each of the activities below)

Go for Life PALs Equipment	%	Bowling	%
Go for Life Games Equipment	%	Facility Hire (Hall / Pool)	%
Go for Life CarePALs Equipment	%	Tai Chi Programme	%
Yoga Programme	%	Pilates Programme	%
Pitch & Putt	%	Dance Class	%
Walking Programme	%	Sportsfest/Sports Event	%
Aerobics / Keep Fit	%	Swimming/Aqua Activities	%
Other (please give details)			

4. How many members were in the group in 2016? _____

5. How many of those members took part in physical activities enabled by the 2016 grant? _____

6. How many hours of physical activity were enabled by the 2016 grant? _____

7. The grant encouraged _____ new members to join our group

8. _____ % of group members are regular participants in physical activity outside of the group

9. Did the grant introduce **new** organised physical activity for group members? Y N

10. Did the grant encourage more social interaction through physical activity? Y N

5. TERMS AND CONDITIONS

BACKGROUND

Since 2001 Sport Ireland have provided funding for the Go for Life programme to help increase the participation of older people in recreational sport and physical activity. This National Grant Scheme for Sport and Physical Activity for Older People (hereafter referred to as the National Grant Scheme) is one element of the extensive Go for Life programme which has resulted from this funding.

OVERALL AIM

The National Grant Scheme aims to assist in the implementation of locally-developed, well-planned initiatives designed to increase participation in recreational sport and physical activity by older people. In particular, the scheme is aimed at:

- supporting the work of Go for Life including the network of PALs (Physical Activity Leaders) and the development of Go for Life Games and other initiatives;
- assisting local clubs/organisations to enhance existing opportunities for their members in recreational sport and physical activity;
- assisting local clubs/organisations to start new initiatives geared at involving older people in recreational sport and physical activity.

WHO CAN APPLY

Grants are available to all eligible local clubs, groups and organisations that promote increased participation in recreational sport or physical activity for older people as a main element of their activities. **Commercial, statutory or umbrella bodies, or their agents, are not eligible for funding under this grant scheme.** An exception to this are Local Sports Partnerships who are eligible to apply. **Day centres completely funded and directed by statutory bodies, such as the HSE, are not eligible.** Grants are made available for sport or physical activity for **older people** and the overall membership of applicants must be such that older people will be the beneficiaries of the grant monies. Funding for sports clubs will not be considered unless the application specifically relates to older people. Only one application per group will be considered.

KEY CRITERIA

Applications are encouraged from clubs/organisations that:

- have the potential to increase levels and frequency of participation in recreational sport and physical activity among older people in the local area;
- can act as showcases or successful demonstration projects that can be replicated by other clubs/organisations in the future;
- have the potential to develop into a sustainable, longer-term programme;
- have not previously received a Go for Life grant;
- are developing initiatives in designated disadvantaged areas;
- are developing initiatives for minority older populations or older groups with special needs;
- have one or more active Go for Life Physical Activity Leaders (PALs);
- are making a joint application with other groups in their geographical community.

Applicants who have had previous successful applications processed should take advantage of PALs workshops. Contact the Go for Life programme team or your local contacts listed on page 8 to register. Funds permitting, grants will be between **€250** and **€700*** and may be allocated towards the cost of the eligible initiatives outlined overleaf:

**Joint applications or applications from Community Development Programmes (CDPs), Local Sports Partnerships (LSPs) etc. that provide wider access to community groups may be allocated funding outside of these limits. In such circumstances a tax clearance certificate/tax exemption form will be required.*

WHAT WILL BE FUNDED?

Physical Activity Programme

For example, (1) a five-week programme to introduce older people to an activity such as aerobics, aquafit, Tai Chi or tennis - the costs of hall hire and a qualified instructor might form part of the overall cost; or (2) an initiative by a sports club to involve more older people – the purchase of special equipment, facility hire or a qualified independent instructor might form part of the overall cost.

Purchase of Equipment / Resource Materials

For example, Go for Life Games equipment, pitch and putt set, physical activity kitbag, play parachute, badminton rackets. Please note that, for the 2017 National Grant Scheme, Short Mat Bowling equipment will only be considered for joint applications where it will be shared by two or more groups.

Participation Events

For example, organising regular Go for Life Games or a Sportsfest aimed at introducing older adults to a range of recreational sports.

WHAT WILL NOT BE FUNDED?

Non-sporting or non-physical activities – e.g. day trips

Audio-visual equipment – e.g. DVD or CD players, televisions

Exercise machines – e.g. treadmills, rowing machines, stationary bicycles

Ongoing Commitments – e.g. membership fees for gyms or sports clubs, rental of facilities or employment of professional instructors on an ongoing basis

Club Insurance / Taxes or Rates

Foreign Travel / Visits

Feasibility Studies

Competitions (or costs associated with competing)

Capital Costs – e.g. the development or refurbishment of facilities

CONDITIONS

1. Applicant clubs/organisations must have public liability insurance in place covering the activities they wish to promote.
2. Applicant clubs/organisations must provide details of current banking facilities. Failure to supply a full, accurate BIC/SWIFT and IBAN number in the case of bank or building society accounts may delay payment.
3. Applicant local club/organisations must have a democratically elected executive.
4. Applicant clubs/organisations shall provide the National Grant Scheme Committee with sufficient information about the club/organisation to assess its suitability for funding.
5. The National Grant Scheme Committee may use the name of the applicant club/organisation and details of the usage and outcomes of the grant in its own publicity and successful applicants shall co-operate, if requested, in efforts to publicise the grant scheme.
6. The decision of the National Grant Scheme Committee in all matters relating to grant allocations is final.
7. Successful applicants can only use the grant for the purposes specified on their application form.
8. Applications for grants from successful applicants under the 2016 National Grant Scheme will only be considered if the Evaluation Section of the Application Form is fully completed.
9. Successful applicants should acknowledge Go for Life and Sport Ireland in any promotion or publicity materials generated in relation to activities funded by this grant.

DISCLAIMER

Age & Opportunity and Sport Ireland will not accept liability for damage or injury which might arise in the use of any funds made available. The consequences of any incorrectly supplied or inaccurate information are the responsibility of the club or organisation applying.

CLOSING DATE

Completed Application Forms should reach the Go for Life programme office **before 12 noon on Friday 29 September 2017. Grant allocations will be announced in December 2017**

LATE APPLICATIONS WILL NOT BE CONSIDERED

6. KEY CONTACTS

If you require assistance in completing this form, please contact the Go for Life programme team:

Mary Harkin, Manager
Sue Guildea, Assistant Manager
Ciara Dawson, Administrator
Patricia Forde, Information Assistant

Telephone(01) 805 7733
www.ageandopportunity.ie

You can also contact your local ●Health Service Executive Coordinator or your ▲Local Sports Partnership:

CARLOW

●Olive Fanning
(059)9143630
▲Martha Jane Duggan
(059) 9136207

CAVAN

●Colm Casey
087 681 1197
▲Dean McElroy
(049) 4378582

CLARE

●Geri Quinn
(065) 6865837
▲John Sweeney
(065) 686 5434

CORK

●Shirley O'Shea
(021) 492 1643
▲Claire Hurley
(021) 206 1762

DONEGAL●Linda

McGuinness(074)
9109114
▲Myles Sweeney
(074) 911 6079

DUBLINDublin City

▲Catherine Flood
(01) 222 8592

Dublin North

●Ailis Brosnan (086)
7810222

Dublin SouthEast

●Mary Doolan
(01) 274 4360

Dublin South

●Caroline Peppard(01)
463 2813

Dun Laoghaire-

Rathdown▲Shane
McArdle (01) 271 9507

Fingal

▲Caitriona Geraghty
(01) 890 6247

South County Dublin

▲Thomas McDermott
(01) 414 9000 ext. 330

GALWAY

●Paul Gillen
(091) 737261
Galway City
▲Jason Craughwell
(091) 536 459

KERRY

●Anne Culloty
(064) 667 0767
▲Cora Carrigg
(066) 718 3628

KILDARE

●Caroline Peppard
(01) 463 2813
▲SylMerrins
(045) 980547

KILKENNY

●Teresa Hennessy
(056) 7734869
▲Nicola Keeshan
(056) 7794990

LAOIS●Clodagh

Armitage (057) 935
7824
▲Caroline Myers(057)
867 1248

LEITRIM▲Declan

Boyle
(071) 9620005

LIMERICK●BedeliaColli ns

(061) 483444
▲Phelim Macken (061)
333600

LONGFORD

●Clodagh Armitage
(057) 935 7824
▲Bernie Doyle
(043) 334 9402

LOUTH

●Carmel Halpin
(046) 907 6400
▲Richard English
(042) 932 4318

MAYO

●Paul Gillen
(091) 737261
▲Ray McNamara
(094) 904 7025

MEATH●Carmel Halpin

(046) 907 6400
▲Ruairi Murphy (046)
906 7337

MONAGHAN

●Colm Casey
087 681 1197
▲Dean McElroy
(042) 975 5126

OFFALY

●Clodagh Armitage
(057) 935 7824
▲Olivia Murphy(057)
9357462

ROSCOMMON

●Paul Gillen
(091) 737 261

▲Noel Feeley
(090) 663 0853

SLIGO

▲Diane Middleton
(071) 916 1511

TIPPERARY

●Hilda O'Neill
(052) 61788276
▲Elaine Cullinan
(076) 106 6887
▲Valerie Connolly(052)
6187080

WATERFORD

●Susan Scully
(051) 846 714
▲Peter Jones
(058) 21191

WESTMEATH

●Clodagh Armitage
(057) 935 7824
▲Sonja Statham
(044) 939 0208

WEXFORD

●Nuala Harpur
(053) 9185781
▲Mary T Keogh
(053) 9196557

WICKLOW

West Wicklow

●Caroline Peppard
(01) 463 2813

Rest of Wicklow

●Mary Doolan
(01) 274 4360
▲Aisling Hubbard
(087) 2133571